Computer-Based Library Resources: Web Sites of Interest to Community Nutrition Students

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Today’s websites can be found at:

http://libguides.wvu.edu/communitynutrition
Why Look at Statistics?

• Community program planning
  – Community initial needs assessment
  – Update of community profile

• Researchers use health statistics
  – To decide what to research
  – Back up positions in their papers

• Granting agencies may want hard data
  – To define an initial problem
  – To document that a program is working
Sources for International Statistics
United Nations Statistics Division

- *Social Indicators* web page is a gateway for international statistics concerning:
  - Population
  - Education
  - Health
  - Literacy
  - Income/Economic Activity

Excellent resource for health info/statistics from North and South America

http://www.paho.org/English/DD/AIS/cp_index_index_alpha.htm
Nutrition for Health and Development

Highlights

The WHO electronic Library of Evidence for Nutrition Actions (eLENA)
The new WHO electronic Library of Evidence for Nutrition Actions (eLENA) was launched in Colombo, Sri Lanka on August 10th, and includes a wide variety of intervention topics as part of its first edition. In an effort to improve maternal, young child and infant health, eLENA brings together the latest evidence-informed WHO guidelines, commentaries and evidence resources on the broad topic of nutrition.

Infant and young child nutrition: implementation plan

WHO, nutrition experts take action on malnutrition

Latest documents

Nutrient Profiling: Report of a WHO/IASO Technical Meeting
London, United Kingdom, 4-6 October 2010

Events

Meeting of the WHO Nutrition Guidelines Expert Advisory Group (NUGAG)
Micronutrients subgroup
7 - 10 November 2011, WHO AMRO/PAHO, Washington DC

Contact information

Department of Nutrition for Health and Development (NHD)
World Health Organization
Avenue Appia 20
1211 Geneva 27
United States Government Statistics

Sources

- U.S. Census Bureau
- CDC and National Center for Health Statistics
- Statistical Abstract of the United States
- Others: Fedstats, National Institutes of Health
U.S. Census Bureau

- Can select state and then county or city of interest
- This will provide a list of quick facts for both the county and state level from the 2000 U.S. Census and 2009 estimates
- At county & city level, select “Browse More Data Sets”
- Can retrieve general population, demographic, social, economic, and housing information from the 2000 & 1990 U.S. Censuses, as well as the 2006-08 American Community Survey

www.census.gov
As the **National Data Book** it contains a collection of statistics on social and economic conditions in the United States. Selected international data are also included.

The Abstract is also your **Guide to Sources** of other data from the Census Bureau, other Federal agencies, and private organizations.

http://www.census.gov/compendia/statab/
Stat Abstracts
Health and Nutrition Tables

- Percent of U.S. Adults:
  - Overweight/obese
  - Engaging in leisure-time physical activity

- Households/Persons having problems with access to food

- Per capita consumption of commercially produced fruits & vegetables

- Per capita consumption of selected beverages
Centers for Disease Control

http://www.cdc.gov/

- **A-Z Index**—fact sheets, disease prevention, and health information from A to Z (Anthrax to Zoster!)

- **MMWR**—weekly scientific publication containing data and reports on specific health and safety topics; is searchable online back to 1982.

- **Data and Statistics** and **Healthy Living** links
National Center for Health Statistics

The National Center for Health Statistics' website is a rich source of information about America's health...

FastStats... Statistics by Topic

- Diseases and Conditions
  - Asthma
  - Cholesterol
  - Diabetes
  - Heart Disease
  - Hypertension
  - Overweight Prevalence
- Health Care and Insurance
- Injuries
- Life Stages and Populations
- Lifestyle

What's New!

Patient File from 2007 National Home and Hospice Care Survey (NHHCs) Removed to Correct Diagnosis Data
PDF Version (14 KB)

Vintage 2008 Bridged-race Population Estimates

More Injuries Occur at Home Than Elsewhere
Falls still the leading cause of injury, new report shows.
PDF Version (776 KB)

Tools & Resources

- Health Data Interactive
  - Healthy People 2010/2020
- Injury Data and Resources
- ICD and ICF Classifications and Coding
- National Death Index
- NCHS Survey Measures Catalog
- NHANES Tutorial
- Q-Bank Question Evaluation Reports
- Responses to Recent Health Policy Requests
- VitalStats

More Releases...

About NCHS

- About the National Center for Health Statistics
- Mission
- Budget
- Employment
- Board of Scientific Counselors
- Health Data Standards

www.cdc.gov/nchs
Center for Disease Control
Behavioral Risk Factor Surveillance System

- World’s largest telephone survey

- Tracks information regarding health risks such as AIDS, diabetes, & weight control

- Information gathered is used to improve the health of the American people

http://www.cdc.gov/brfss/
Statistics Related to Overweight and Obesity

What are overweight and obesity?
How are weight-related health risks determined?
Body Mass Index Table
Why do statistics about overweight and obesity differ?
Prevalence Statistics Related to Overweight and Obesity
Economic Costs Related to Overweight and Obesity
Other Statistics Related to Overweight and Obesity

References

About two-thirds of adults in the United States are overweight, and almost one-third are obese, according to data from the National Health and Nutrition Examination Survey (NHANES) 2001 to 2004. This fact sheet presents statistics on the prevalence of overweight and obesity in the United States, as well as the health risks, mortality rates, and economic costs associated with these conditions. To understand these statistics, it is necessary to know how overweight and obesity are defined and measured, something this publication addresses. This fact sheet also explains why statistics from different sources may not match.

Social Capital Community Benchmark Survey

- Largest ever survey conducted on Americans’ civic engagement

- Results show that quality of life and happiness is highest in socially connected communities

http://www.cfsv.org/communitysurvey/results.html
West Virginia Health Statistics

Welcome to the West Virginia Health Statistics Center

Providing Statistical information for Informed Decisions

The West Virginia Health Statistics Center (HSC) has two main functions: to be the state’s official repository of vital records and to analyze and make available information from vital records and other health-related data sources to inform planning and policy decisions. Two units exist within the HSC to meet these goals.

Vital Registration Office
Visit the Vital Registration Office if you would like to request a certified copy of or make a change to a West Virginia birth, death, or marriage record.

Statistical Services & Chronic Disease Epidemiology
Visit the Statistical Services Program to access West Virginia health statistics or information on the Behavioral Risk Factor Survey.

This page was last updated 09/03/08.

http://www.wvdhhr.org/bph/hsc/
West Virginia Health Statistics Center

- Click on *Most Requested Statistics* under *Statistical Services* on the left sidebar

- Be sure to scroll all the way down the page and look at the various stats

- Links of interest at bottom of webpage:
  - WV Vital Statistics 2006
  - County Health Profiles 2004
  - West Virginia Health Status Atlas
  - Bureau for Employment Programs County Profiles
  - County at a Glance pages
Your Food Environment Atlas

Get a spatial overview of a community’s ability to access healthy food and its success in doing so.

Assemble county-level statistics on:
- Food choices
- Health and well-being
- Community characteristics

Enter Atlas

U.S. Department of Agriculture
Economic Research Service

You may also be interested in ERS’s Food Desert Locator.

For more information about the Atlas, contact Vince Breneman (Breneman@ers.usda.gov) or Jessica Todd (jtodd@ers.usda.gov).

http://www.ers.usda.gov/foodatlas/